

Rome Middle School 2010-2011 Breakfast Menu

Monday	Breakfast Pizza or Pancake with Syrup or Ready-To-Eat-Cereal and Seasonal Fresh Fruit
Tuesday	French Toast Sticks with Syrup or Ready-To-Eat-Cereal or Two Slices of Cinnamon Toast and Delicious Fruit Juice
Wednesday	Sausage or Chicken Biscuit or Local Special or Ready-To-Eat-Cereal and Seasonal Fresh Fruit
Thursday	Cinnamon Bun or Otis Muffins or Ready-To-Eat-Cereal and Delicious Fruit Juice
Friday	Pancake-On-A-Stick or Ready-To-Eat-Cereal or Toasted Cheese Sandwich and Seasonal Fresh Fruit

Choice of milk with every meal.

In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age, sex, religion, or disability. If you believe you have been discriminated against, write immediately to the Secretary of Agriculture, Washington, D.C. 20250.

Rome Middle School 2010-2011 Lunch Menu

	Meats	Vegetables	Desserts	Bread
Monday	Chicken Fajitas & Rice Pizza (3 choices) Cheeseburger / The Wolf Wrap Spaghetti/Lasagne	Lettuce, Tomato, & Pickle Fries Breaded Squash Baked Beans Green Beans Carrots	Fresh Fruit Canned Fruit	Roll
Tuesday	BBQ Plate Pizza (3 choices) Chicken Sandwich / Popcorn Shrimp Taco Salad	Pinto Beans Slaw Whole Kernal Corn Breaded Okra Lettuce, Tomato, & Cheese Lettuce, Tomato, & Pickle Baked Beans	Strawberries & Bananas Applesauce Bananas	Cornbread Roll
Wednesday	Popcorn Chicken / Burrito with Cheese Pizza (3 choices) Chili / Nacho Cheese Chili / Cheese Buns	Corn on the Cob Potatoes Au-Gratin or Seasoned Potatoes Veggie blend Baked Beans Fries Small Tossed Salad Veggie Boat w/Ranch Dressing	Jello w/Fruit Assortment of Fruit	Cheesebun or Cheese Sandwich or Roll
Thursday	Baked or Fried Chicken/ Tuna or Chicken Salad Pizza (3 choices) Hamburger Baked Ham	Turnip Greens Sweet Potatoes Blackeyed Peas Lettuce, Tomato, & Pickle Baked Beans	Baked Desserts Assortment of Fruit	Roll Cornbread
Friday	Pizza (3 choices) Steak Sandwich Hotdog Chicken Fingers Fish	Creamed Potatoes Broccoli w/Cheese Breaded Zucchini Slaw Baked Beans Fries	Ice Cream Assortment of Fruit	Roll

Wolf Cart Grab & Go
Chef Salad or Sub Sandwich
(Sandwiches : Turkey, Ham or PBJ)

Choice of milk with every meal.